



# 愛 通訊 第58期

## SBSH Newsletter

Issue 58, Oct – Dec 2025



聖巴拿巴會之家  
SAINT BANABAS' SOCIETY AND HOME  
21 Fung Mat Road, Western District, Hong Kong  
Tel: 2548 9056, Fax: 2857 6575,  
Email: enquiries@sbsb.org.hk, Website: www.sbsb.org.hk

### 代禱事項 Prayer Items

中心多年來捐款入不敷支，請祈禱求主感動有心人士，盼捐款人增加及未來申請捐款的項目有主看顧。The Centre has been facing a persistent shortfall in donations over the years. Please pray that the Lord will move the hearts of compassionate individuals, that the number of donors may increase, and that forthcoming funding applications will be approved under His guidance and gracious provision.

請求主記念中心正在招募有志服事的「部份時間傳道」。Please pray that the Lord will remember our ongoing recruitment for part-time Minister with a deep calling to serve.

急需招募2026年3月14日賣旗義工(學校、教會、企業)，由於現時反應未如理想，求主賜福看顧。We are urgently recruiting volunteers for our Flag Day on 14 March 2026 from schools, churches, and corporate partners. As the current response has been less than ideal, may the Lord bless and watch over this endeavor.



受助人增加，而且患有情緒及精神問題的比例亦增加，求主賜智慧及保護同工。The number of service users has risen, with a growing proportion struggling with emotional and mental health challenges. May the Lord grant wisdom and protection to all our staff as they care for them.

由於教牧同工不足，求主感動願意服侍基層人士的教會義工，可以持續參與各項服侍。As we are short of pastoral ministers, please pray that the Lord will move church volunteers with a heart for serving the underprivileged to participate faithfully and consistently in our various ministries.

### 服務報告 2025年10月至12月

#### Service Report Oct - Dec 2025

服務數據 Service Statistics	
服務項目 Service item	日間中心及童學會人次 Day Centre and Kids' Learning Club Headcount
膳食 Meal	10,694 人次
物資 Material Distribution	103 人次
外展服務 Outreach	707 人次
總數 Total	11,504 人次

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To reduce the use of paper, if you would like to receive electronic copy, please contact enquiries@sbsb.org.hk



### 日間中心 Drop-in Day Centre



中心秋季旅行，與會員同遊沙頭角。Autumn outing: Taking members to Sha Tau Kok.



所羅門長廊教會帶領活動，讓老友記渡過快樂的下午。Volunteer from Solomon's Porch led the activities, giving our members a happy Sunday afternoon.



ST. PAUL'S CO-EDU 同學探訪老人院，讓老友記感受到被關心。Students from St. Paul's Co-Edu visited the elderly home, allowing our elderly friends to feel cared for.



週五開心聚一聚舉行生日會，與老友記慶生，讓他們知道自己被記念。On Friday gathering, we held the final birthday celebration of 2025, marking members' birthdays with them and showing that we care.



St. Andrew's Church 與老友記查經及派飯。St Andrew's Church volunteers led our members in Bible study and served them lunch



旺角浸信會帶週日活動。Mong Kok Baptist Church volunteers came to the Centre to lead Sunday activities.



寶翠園維多利亞幼稚園學生到訪，表演及關心老友記。Students from Victoria (Belcher) Kindergarten visited, performing for our members and showing them care.



Union Church 帶領查經，讓老友記明白聖經真理。To help our members better understand the Bible, Union Church volunteers thoughtfully led that day's Bible study.

### 老友記分享

大家好，我叫素素，已婚，有三名子女，大約3年多前丈夫入住老人院，子女們成家後，我便獨居，除了三高以外就沒有其他病痛。

自從丈夫入住老人院後，自己多了時間，就常常到海旁散步。有一次經過聖巴拿巴會之家的時候，遇到中心的傳道人。因為自己比較空閒就向傳道人詢義工事宜，他了解我的情況後，幫我登記成為會員。最初我每天只取一次飯，後來，改變了在中心吃飯而不是外帶。最初由每天來一次增加到兩次，有了更多參與幫忙的機會，亦在那裡認識了很多新朋友。

大約半年後丈夫因病過身，由於過往從未經歷過長時間的傷心，人開始變得不快樂，更曾經覺得自己患上抑鬱。感謝聖巴拿巴會之家的同工和一班中心的好朋友都很關心我。陪我渡過了那段不容易的日子，傷心過後，我變得更開朗。

我本身是一個天主教徒，來到聖巴拿巴會之家後有朋友帶我到附近的教會聚會，亦遇見有很多朋友都是來自同一間教會。除了到教會聚會外，我也在中心參與聖經、團契及崇拜，令我多了機會可以了解基督教信仰。我很感恩來到這個家：讓我變得更喜樂，這個地方很有「一個大家庭」的感覺。

我有一個心願：希望有更多人能支持聖巴拿巴會之家亦希望大家可以身體健康。



### Testimony of So So

Hello everyone, my name is So So. I am married and have three children. My husband moved into a care home about three years ago. After my children started their own families, I began living alone. Apart from having high blood pressure, high blood sugar and high cholesterol, I have no major health issues.

Since my husband entered the care home, I have had more free time and often go for walks by the seaside. One day, as I passed by St Barnabas' Society and Home, I met a minister there. Because I had spare time, I asked him about volunteer opportunities. After understanding my situation, he helped me register as a member. At first, I came to the Centre once a day just to collect a meal. Later, I decided to dine at the Centre instead of taking the food away. Over time, my visits increased to twice a day, which gave me more chances to help and get involved. I also made many new friends there.



About six months later, my husband passed away due to illness. I have never experienced such prolonged grief before. I experienced deep sadness and even suspected that I might be depressed. I am truly thankful to the staff at St Barnabas' and to all the nice friends I met at the Centre who cared for me and supported me through those difficult days. After coping with grief and loss, I became more cheerful and open-hearted.

I am a Catholic by faith. After coming to St Barnabas' Society and Home, a friend invited me to attend a nearby church, where I met many others from the same congregation. Besides attending church services, I also join Bible study, fellowship, and worship sessions at the Centre. These experiences have helped me deepen my understanding of the Christian faith. I am truly grateful to be part of this family. It has brought me much joy, and the Centre is like "one big family" to us.

My heartfelt wish is that more people will come to support St Barnabas' Society and Home, and that everyone may enjoy good health and happiness.

## 同學會 Kids' Learning Club

### 童學會家長分享文章

作者: 吳汶禧(Denzel 媽媽)

三年前, 感謝神帶領我們進入這個屬靈的大家庭— 聖巴拿巴會之家, 在這個關心生命成長的地方, 工作人員及義工們有愛心和善心, 讓孩子在沒有壓力的氣氛中學習, 能安心提問不怕犯錯。同工對我們及孩子們溫柔親切, 與孩子們像朋友一樣相處, 讓他們得到知識及快樂! 我的孩子通過參加「英文之星」、打毬波及聚餐等不同的活動, 增長了英文知識, 學懂團隊精神。活動後大家聚餐交流, 無分彼此, 更深感受到一種純粹的溫暖和連結, 人與人之間的善意和支持, 是最珍貴給心靈得到滋養。特別感謝聖巴拿巴會之家熱心慷慨的愛心捐贈者, 您們送贈的禮物包, 對我們生活有很大的幫助, 減輕每月的經濟負擔, 感恩!

### 童學會代禱事項

感謝神過去一年保守童學會, 總在困難時得着神的供應與幫助。求神與我們繼續同工, 引領更多教會肢體來帶領每週主日下午一個半小時的兒童成長班。帶領小孩子認識神; 又賜我們更多義工, 支援星期一至五的功課輔導班, 減輕學童的功課壓力, 求主恩佑。



香港聖經教會西環堂帶領中秋節、聖誕節的親子手工活動和兒童成長班。  
The Hong Kong Mandarin Bible Church (Sai Wan Church) led family craft workshops and Children's Growth Classes during the Mid-Autumn and Christmas seasons.

### Kid's Learning Club: Parent's Testimony Sharing

Written by: Mrs. Ng Man Hei (Denzel's mother)

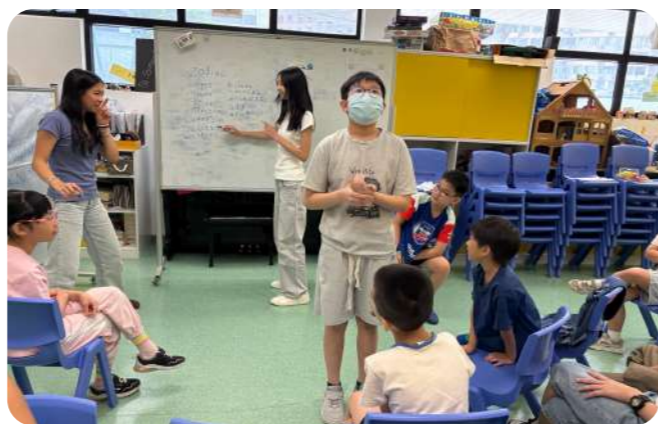
We are grateful that three years ago, God led us into Saint Barnabas' Society and Home, which has become our spiritual home. We feel that the staff and volunteers here truly care about our personal growth, and they always serve with love and kindness. Children are given autonomy to learn in a relaxed, pressure-free environment where they can freely ask questions without fear of making mistakes. The tutors are gentle and caring towards us and the children, regarding them as friends and helping them grow in both knowledge and joy.

Through activities such as the "English Stars of Tomorrow" programme, table tennis and fellowship meals, my child has improved in English proficiency and appreciated the spirit of teamwork. After each activity, everyone gathers to share a meal and exchange stories. There is no barrier among us, only a pure sense of warmth and connection. The kindness and support among people truly nurture our souls, which are precious blessings.

We would like to express our heartfelt gratitude to the generous and loving donors of Saint Barnabas' Society and Home. The gift packages you have provided have been a great help to our daily life, easing our monthly financial burden. We are thankful and may glory be to God!

### Kids' Learning Club (KLC) Prayer items

We thank God for His protection over KLC throughout the year. In times of difficulty, we have always experienced God's provision and help. May God continue to work in us in the year ahead, leading more Christian brothers and sisters to help run the Children's Growth Class every Sunday afternoon for one and a half hours, so that more children may grow in faith. We also pray for more volunteers to join us in supporting the Homework Tutorial Class from Monday to Friday, helping to ease the study pressure on the children. May the Lord's grace be with us all.



感恩本學年「英文之星」有播道會港福堂及來自國際學校的義工加入成為導師, 令項目內容更多采多姿, 給兒童有更豐富的學習模式

We give thanks that this school year, "English Stars of Tomorrow" programme welcomed new volunteer tutors from The EFCC Kong Fok Church and students from Hong Kong International School. Their participation has enriched the program with diversity and joy, offering children a more vibrant environment and engaging learning experience.



聖公會聖三一聖堂義工為童學會家庭舉辦「聖誕燒烤晚會」  
Volunteers from SHK Holy Trinity Church kindly organized a Christmas barbecue evening for Kids Learning Club families.



冬季日營有香港佑寧堂義工來教導多元智能活動、手工及烹飪班  
Winter day camp, assisted by volunteers from Union Church who taught multiple-intelligence activities, crafts, and cooking classes.



童學會的中秋節慶祝及年終感恩聚餐, 有美食和禮物祝福幾十個家庭  
The Kids Learning Club celebrated the Mid-Autumn Festival and held a Thanksgiving dinner, sharing delicious meals and gifts that blessed dozens of families.



聖保羅男女中學同學在服務工作週幫忙作小老師教孩子功課  
Students from St. Paul's Co-educational College served as young teachers during their service week, helping children with their homework.

## 支持我們 Support Us

### 成為義工 Become a Volunteer

- 備餐 Food Preparation
- 派發膳食 Meal distribution
- 功課班導師 Homework class
- 外展 Outreach

### 企業伙伴 Corporate Partnership

- 擺放捐款箱 Donation box placements
- 成為活動贊助商 Activity sponsorships
- 直接捐款 Cash Donations
- 合作舉辦慈善活動 Co-hosting charity events
- 義務工作 Volunteering
- 宣傳服務 Services promotion support

### 義工申請表 Volunteer Application Form



### 物資捐贈 In-kind Donations

- 罐頭食品, 餅及即食麵 Canned food, biscuit, instant noodle
- 預先包裝食物 (乾貨) Prepacked food (Dried)

歡迎捐款以作購買物資  
You can give a monetary donation for buying instant food to the needy  
[enquiries@sbsb.org.hk](mailto:enquiries@sbsb.org.hk)

### 網上捐款 Online Donation



### 捐款 (\*捐款達 HK\$100 可憑收據申請免稅。)

- 一次性捐款  每月定額 捐款金額 HK\$ \_\_\_\_\_

#### 捐款方法

- 轉數快 - 識別碼: 120159637
- 郵寄劃線支票到 香港西環豐物道21號 (抬頭請寫: 聖巴拿巴會之家)
- 直接存入聖巴拿巴會之家渣打銀行的戶口 #447-1-008393-1
- PayPal/PayMe 請於備註前填寫姓名、電話及電郵

請將捐款收條連同此表格(包括以下的捐款人資料)電郵至:  
[enquiries@sbsb.org.hk](mailto:enquiries@sbsb.org.hk) 或傳真至 2857-6575 或 WhatsApp 至 5576 8486

捐款人全名 Donor Full Name: \_\_\_\_\_ 電郵 Email \_\_\_\_\_

聯絡電話 Contact Telephone: \_\_\_\_\_ WhatsApp \_\_\_\_\_

地址 Address: \_\_\_\_\_

### Monetary Donations

(\*Donations of HK\$100 or more are tax-deductible.)  
 One-off donation  Monthly Donation

Amount HK\$ \_\_\_\_\_

#### Donation Methods

- FPS - ID: 120159637
- Crossed Cheque (payable to Saint Barnabas' Society and Home) can be sent to 21 Fung Mat Road, Western District, HK
- Direct transfer to the account of Saint Barnabas' Society and Home at Standard Chartered Bank #447-1-008393-1
- PayPal/ PayMe Please write down your full name, phone number & email in the re-marks

Please send the bank pay-in slip together with this form (including the your contact info below) to Saint Barnabas' by email: [enquiries@sbsb.org.hk](mailto:enquiries@sbsb.org.hk), by fax at 2857-6575 or WhatsApp to 5576 8486