



愛[♥]通訊 第58期

SBSH Newsletter

Issue 59, Jan – Mar 2026



聖巴拿巴會之家
SAINT BANABAS' SOCIETY AND HOME
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代禱事項 Prayer Items

老友記的身心靈健康，又為他們可以認識主祈禱。
Please pray for the physical, emotional, and spiritual well-being of our friends, and that they may come to know the Lord and experience His love.

招募有心志服事的「福音幹事」。
Pray for the recruitment of dedicated "Evangelical Ministry Officer" with a heart to serve and share God's love.

受精神及情緒狀態不穩影響，服務使用者之間的衝突事件愈發頻繁。求主帶領額外賜恩典與智慧給一眾同工，盼福音種籽能成為他們的祝福。There has been an increase in conflicts among some service users at the Centre arising from their emotional and mental instability. We ask for prayers that the Lord will graciously grant our staff wisdom, patience, and compassion, and that the seeds of the Gospel may be sown and become a blessing in their lives.



中心多年來捐款入不敷支，請祈禱記念中心已交及未交的捐款申請，對中心日常開支非常重要。The Centre has faced an ongoing shortfall in donations over the years. Kindly remember in your prayers both the submitted and pending funding applications, as they are vital to sustaining our daily operations.

服務報告 2026年1月至3月

Service Report January – March 2026

服務數據 Service Statistics	
服務項目 Service item	日間中心及童學會人次 Day Centre and Kids' Learning Club Headcount
膳食 Meal	13,408 人次
物資 Material Distribution	85 人次
外展服務 Outreach	89 人次
總數 Total	13,582 人次

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日間中心 Drop-in Day Centre



播道會港福堂帶領週日活動，與老友記一同造新年燈籠。The Evangelical Free Church of Hong Kong (EFCC) Kong Fok Church lovingly led a Sunday activity, making festive New Year lanterns together with our service users, bringing joy, creativity, and warm fellowship to all.



香港國際學校之學生到訪，前來認識中心的服侍。Students from Hong Kong International School paid a visit to learn more about the ministry of the Centre, sharing in a meaningful time of understanding and experiencing God's heart for serving others.



香港大學社會工作及社會行政學系(輔導碩士部)安排和膳粉彩及花茶工作坊，給老友記渡過輕鬆快樂的週日下午。The Department of Social Work and Social Administration (Master of Counselling Program) at The University of Hong Kong organised a Pastel Harmony Art and floral tea workshop, offering our elderly friends a relaxing and joyful Sunday afternoon filled with creativity, fellowship, and gentle moments of care.



聖安德烈堂義工前來帶領查經及午餐派飯。Volunteers from St Andrew's Church came to lead a Bible study and serve lunch, sharing not only food but also God's Word, love, and fellowship with our service users.



所羅門長老教會帶領週日活動後，聆聽及關心受助人的情況。After leading the Sunday activity, Solomon's Porch Church spent time listening to and caring for our service users, showing Christ's love through their compassion and heartfelt concern.



大嶼山網上扶輪社[非常理髮]服務，新年前為老友記剪髮。The Lantau Island e-Club of Rotary's "Extraordinary Haircut" service lovingly provided haircuts for our service users ahead of the New Year, bringing not only a fresh new look but also warmth, care, and blessings for the season.



香港美國婦女會(AWA)到訪協助派飯及清潔工作，特別安排帶領英語懷舊經典金曲，令老友記非常興奮。Members of the American Women's Association (AWA) not only visited to assist with meal distribution and cleaning, but also thoughtfully led a session of classic English golden oldies, bringing great joy and excitement to our friends, and filling the time with warmth and cheerful fellowship.



善長Ankaa捐助無家者盆菜晚宴，讓無家者如同回家享用溫馨而充滿熱鬧的家宴。Our generous donor, Ankaa, lovingly sponsored a Poon Choi banquet for the homeless, offering them a warm and joyful evening—like returning home to share in a festive family meal filled with care, fellowship, and God's love.

老友記分享—容容

大家好，容容是也。自2021年於聖巴拿巴會之家參與啟發課程後，便與這地方結下深厚的聯繫。其後在中心傳道人的邀請下登記成為會員，至今已有五年；由最初前來領取飯盒，到後來在中心堂食，除了接受中心的關顧與支援，也參與廚房洗碗義工服侍。

聖巴拿巴會之家不單在生活上扶持容容，也為生命帶來不少改變。在這裏認識了更多朋友，社交圈子大大擴闊，並持續參與中心不同聚會，包括查經班、崇拜等；在耳濡目染之下，因常聽福音信息，對主耶穌也有了更深的認識。

容容成長於一個有傳統民間信仰背景的家庭。雖然父母並非基督徒，卻認為基督教學校較重視學生品德培育，因此自幼便被安排入讀基督教學校；然而，雖然從小接觸信仰，當時卻一直未真正相信主。直至後來在中心參與啟發課程，才逐步明白福音，並決志信主；信主以後，內心比從前更喜樂，也更願意主動關心和幫助身邊的人。

2024年12月25日的聖誕節，我受浸加入教會。其後亦有機會在崇拜中參與讀經及獻詩的服侍，在事奉中經歷恩典，也更深體會到信仰不只是領受，更是回應主愛、獻上自己。

容容心中常存一個簡單而真切的願望：盼望自己身體健康，不致過早退化，好讓餘下的日子仍能繼續服侍上帝。這服侍不僅限於教會之中，也包括在聖巴拿巴會之家，繼續以生命見證主恩、關愛他人。



感謝訊息：2026年聖巴拿巴會之家 3·14賣旗日

衷心感謝各界人士對3月14日實體賣旗日的熱心支持！在眾多義工、好友及支持者的齊心努力下，活動已圓滿結束。過去38年來，本會能持續服侍有需要的人，全賴各界愛心支持與同行。願主的愛感動更多人，一同關懷貧弱，讓愛延續。再次由衷致謝，願主賜福每一位支持者。

Saint Barnabas' Society and Home — Thanksgiving Message for Flag Day (14 March 2026)
We sincerely thank everyone for your enthusiastic support for our Flag Day on 14 March! With the united efforts of our volunteers, friends, and supporters, the event was successfully completed. For the past 38 years, our service to those in need has only been possible through the loving support and partnership of people like you. May the love of the Lord continue to inspire many hearts to care for the poor and extend kindness to those in need. With heartfelt thanks once again — may God bless every one of our supporters!

Testimony of Alice

Greetings everyone, I am Yung Yung. Since participating in the Alpha course at St Barnabas' Society and Home in 2021, I have formed a profound bond with this community. Over the past five years, my journey has evolved from receiving support to actively serving as a kitchen volunteer.

St Barnabas' has been a cornerstone of transformation, broadening my social circle and deepening my faith through Bible studies and worship. Although I attended Christian schools as a child, it was here that I truly embraced the Gospel. Since then, my heart has been filled with joy and a renewed desire to care for those around me.



I grew up in a household steeped in traditional folk traditions. My parents, though not Christians themselves, believed that Christian schools excelled in nurturing a child's moral compass, and so I was schooled in that tradition from the very start. Yet, for all those early seeds, my faith didn't truly blossom until later in life. It was only after joining the Alpha course at the centre that the Gospel's message truly spoke to me, and I made the heartfelt choice to commit my life to the Lord. Since then, I've discovered a joy far deeper than any I knew before, and I find myself ever more eager to offer a helping hand to those in need.

On Christmas Day 2024, I was baptised and warmly welcomed into the church family. Since then, I have been blessed with the opportunity to serve during worship, taking part in Scripture readings and offering songs of praise. Through this service, I have truly experienced the abundance of His grace, coming to a deeper understanding that faith is not merely about receiving; it is a heartfelt response to God's love—an offering of one's very self.

I hold within my heart a simple, yet profound aspiration: to be blessed with enduring health and strength, that I may devote my remaining days to the service of the Lord. This calling is not confined to the church alone, but finds expression at St Barnabas' Society and Home, where I seek to remain a living testament to His grace and a devoted friend to those in need.

同學會 Kids' Learning Club

義工分享

Jessica姊妹

在功輔中找到喜樂與目標

每週有一個下午，我會走出我現時退休的日常生活，踏入聖巴拿巴童學會的功課輔導班，投入那股充滿活力的氛圍裏。當很多人晚年時都期待着享受那悠閒放慢的步伐，我卻發現跟那些「小不點」相處，不僅讓我可以保持活力，也讓我可以一窺那屬於孩童世界的「新興」與「過時」玩意。

這個功課輔導班成為了學校及家庭之間重要的橋樑，因著許多家庭未能提供足夠的資源或教育背景去應付孩子們海量的課業，我們就在其中填補這道縫隙。

這工作不完全是小菜一碟。有時，孩子們或頂着一身疲累而來，或缺乏學習的動力；偶爾，我們需要加入創意，把英文拼字與默書變成一場遊戲，而非一項乏味的工作；還得留心哪些孩子有特殊學習需要，發現這些困難，好讓同工可以跟進。

我會把聖巴拿巴童學會視為一個避難所，它的存在不只幫助孩童學習，也支援那些希望孩子有更美好未來的家長。有甚麼獎賞？就是孩子們「靈光一閃」，以及家長對我們付出時間的真心感激，這讓我們在這裏付出的每一個小時都變得值得。

每當我自己感到疲憊，便會想起彼得前書4章11節的應許：「……若有服侍人的，要按著神所賜的力量服侍，叫神在凡事上因耶穌基督得榮耀……」神確實在孩子們（和我）最需要的時候，以耐心和話語供應我們。

聖巴拿巴童學會每到學期的日子都需要援手。許多孩子經過漫長的一天，帶著疲累而來，但義工的關注與鼓勵，能把他們的挫折化為動力。如果您能抽空兩小時，又正在尋找挑戰又窩心的服侍，即使只能淺嘗一次，我誠意邀請您加入成為功課輔導班義工。

童學會代禱事項

感謝神的恩典，讓童學會在2026年的第一季得到許多義工和捐贈者的支持，使我們的家庭可以有機會參與外遊活動，又能在中心聚餐，以及每月與童學會家庭分享禮物包。

面對前方各種變動與挑戰，求神繼續保護我們；令童學會無論得時不得時，都能把握更多機會傳揚福音，將好信息帶給兒童和家長。

Kid's Learning Club: Volunteer's Testimony Sharing

Written by: Jessica

Finding Joy and Purpose at the SBSH Homework Guidance Class

For one afternoon each week, I step out of my retirement routine and into the lively energy of the St. Barnabas' Society and Home (SBSH) homework guidance class. While many of us look forward to a slower pace in our later years, I have found that spending quality time with these children keeps me on my toes—and gives me a glimpse into what is currently "cutting edge" and "old-fashioned" in their world!

The class serves as a vital bridge between school and home. We help children who come from families that do not have the capacity or educational background to meet the demands of the school. It isn't always easy though -some days, the children aren't motivated to learn or they're just tired. Occasionally, we must get creative to make an English spelling test or dictation practice feel like a game rather than a chore. We also keep an eye on those with special educational needs, identifying these challenges so the SBSH staff can provide follow-up.

I see SBSH as a sanctuary—not just for the children to learn, but for their parents who want a better future for their kids. The reward? It's in the "lightbulb moments" when a student understands and knowing the parents truly appreciate our time makes every hour spent here worthwhile.

When my own energy flags, I am reminded of the promise in 1 Peter 4:11: "If anyone serves, they should do so with the strength God provides, so that in all things God may be praised..." God truly provides the patience and the words exactly when the children (and I!) need them most.

SBSH always needs a helping hand during the school week. Many children come in tired after a long day, but with volunteers there to offer them attention and encouragement, their frustration turns into productivity. If you have two hours to spare and you're looking for a meaningful way to serve that is both challenging and deeply heart-warming, I encourage you to join the homework guidance class—even if it's just for a trial session!

Kids' Learning Club Prayer items

We give thanks to God for His abundant grace, which has enabled the Kids' Learning Club to receive the generous support of many volunteers and donors in the first quarter of 2026. Through this, our families have had the opportunity to join outings, share meals together at the centre, and receive monthly gift packs with love and care.

As we face various changes and challenges ahead, we pray for God's continued protection over us. May the Kids' Learning Club, regardless of circumstances, faithfully seize every opportunity to share the Gospel, bringing the Good News to both children and their families.

支持我們 Support Us

成為義工 Become a Volunteer

- 備餐 Food Preparation
- 派發膳食 Meal distribution
- 功課班導師 Homework class
- 外展 Outreach

企業伙伴 Corporate Partnership

- 擺放捐款箱 Donation box placements
- 成為活動贊助商 Activity sponsorships
- 直接捐款 Cash Donations
- 合作舉辦慈善活動 Co-hosting charity events
- 義務工作 Volunteering
- 宣傳服務 Services promotion support

義工申請表 Volunteer Application Form



物資捐贈 In-kind Donations

- 罐頭食品，餅及即食麵 Canned food, biscuit, instant noodle
- 預先包裝食物（乾貨） Prepacked food (Dried)

歡迎捐款以作購買物資

You can give a monetary donation for buying instant food to the needy
enquiries@sbsb.org.hk

網上捐款 Online Donation



捐款 (*捐款達 HK\$100 可憑收據申請免稅。)

☐ 一次性捐款 ☐ 每月定額 捐款金額 HK\$ _____

捐款方法

- ☐ 轉數快 – 識別碼: 120159637
- ☐ 郵寄劃線支票到 香港西環豐物道21號 (抬頭請寫：聖巴拿巴會之家)
- ☐ 直接存入聖巴拿巴會之家渣打銀行的戶口 #447-1-008393-1
- ☐ PayPal/PayMe 請於備註前填寫姓名、電話及電郵

請將捐款收條連同此表格(包括以下的捐款人資料)電郵至：
enquiries@sbsb.org.hk 或傳真至 2857-6575 或 WhatsApp 至 5576 8486

捐款人全名 Donor Full Name: _____ 電郵 Email _____

聯絡電話 Contact Telephone: _____ WhatsApp _____

地址 Address: _____

Monetary Donations

(*Donations of HK\$100 or more are tax-deductible.)

☐ One-off donation ☐ Monthly Donation

Amount HK\$ _____

Donation Methods

- ☐ FPS - ID: 120159637
- ☐ Crossed Cheque (payable to Saint Barnabas' Society and Home) can be sent to 21 Fung Mat Road, Western District, HK
- ☐ Direct transfer to the account of Saint Barnabas' Society and Home at Standard Chartered Bank #447-1-008393-1
- ☐ PayPal/ PayMe Please write down your full name, phone number & email in the re-marks

Please send the bank pay-in slip together with this form (including the your contact info below) to Saint Barnabas' by email: enquiries@sbsb.org.hk, by fax at 2857-6575 or WhatsApp to 5576 8486